

ENDOXAN® cyclophosphamide

PRESCRIPTION and DISPENSING



This drug is prescribed and renewed by your **hospital doctor specialist in cancerology**.
It is available in **city pharmacies**.



On leaving your home, don't forget to take your prescriptions along, and activate your pharmaceutical file.



Do not throw away the opened boxes nor the tablets into your trash. Please bring them back to your pharmacist.

Your pharmacist can help you in taking your treatment. Please bring him back your unused boxes and tablets at the next renewal.

PRESENTATIONS and CHARACTERISTICS



Box of 50 white tablets dosed at 50mg (12,74€).



Store this drug at a **temperature below 25°C**.

Keep it out of sight and reach of children.

INSTRUCTIONS FOR USE

The dose is strictly personal and may be changed during treatment by your doctor. The administration is quite variable : short periods of takes, followed by periods without takes or treatment prolonged at weaker doses.

The proper monitoring of the instructions for use is necessary for the effectiveness of your treatment.



ENDOXAN tablets are to be swallowed whole, usually **in one take a day, in the morning on an empty stomach, with a full glass of water**.



You can help yourself with a calendar in order to spot the dates of takes ; here is one example :

From the 1st to the 14th day : take of tablets.

Then from the 15th to the 27th day (that is after stopping for 2 weeks) or from the 15th day to the 27th day (that is after stopping for 4 weeks) : no takes of ENDOXAN.

Then restart like in the first day.



Do not crush, nor cut or crunch the tablets.



During the treatment, it is important to drink more in order to maintain the proper functioning of the kidneys (1,5 litres per day, if possible). An alkaline water like VichySt Yorre is advised.

MEDICINAL INTERACTIONS



This drug can interact with other medicines, plants or herbal teas.

Do not hesitate to tell your doctor what medicines, plants or herbal teas (with or without prescription) you are taking or wish to take .



If in doubt, ask your pharmacist for advice.

Do not worry at reading these effects, you may not experience any.

SIDE EFFECTS	PREVENTION	BEHAVIOUR
Nauseas and vomitings	Eat slowly and make several small light meals. Avoid greasy, fried and spicy food. Rather drink between meals.	Take the prescribed nausea and vomiting medication in accordance with the doses. Tell your doctor at the first persisting signs (from 2 vomits a day).
Inflammation of the mouth	Acid, spicy or irritating food are to be avoided. Rather use a soft toothbrush, a mild toothpaste (without menthol) and an alcohol-free mouthwash.	In case of diffuse pains or burns in the mouth, contact your doctor.
Unusual bleedings	In case of mouth bleedings, favor a soft toothbrush. Avoid using a rectal thermometer. Some medicines are not advised (aspirin, ibuprofen).	Call your doctor. In case of nose bleeding, tilt your head forward while pressing your nostrils slightly.
Signs of infection : fever, shivers, cough, sorethroat, urinary burns.	Limit contacts with persons with a contagious infection, if possible. Wash your hands frequently. Disinfect any wound carefully. Make the blood tests prescribed by your doctor.	In case of a fever over 38°C, call your doctor.
Presence of blood in urine, difficulty to urinate.	If possible drink a lot water , of Vichy St Yorre type (alkaline).	In case of intense pains, difficulties to urinate or blood in the urines, contact your doctor immediately.

A hair loss may occur ; do not hesitate to tell your doctor about it.

Changes in the pigmentation of the hands, nails and the soles of the feet have been reported.



Should you feel unmentioned effects, do not hesitate to tell your prescriber, doctor or pharmacist.

A FEW ADVICE

Promptly contact the doctor in case of :



- Infectious signs : (fever, cough, shivers)
- Difficulties to breathe, or change in the respiratory rhythm.
- Impossibility to urinate , intense pain at the bladder or presence of blood in the urines.
- Skin eruption, outbreak of blisters on the skin.



Never stop treatment or change the rhythm of administration without the advice of the prescribing doctor.



If you have forgotten to take a dose of ENDOXAN, do not take the missed dose. The next dose will be taken at the usual hour the following day. Please note it in your tracking book.

See to it that you do respect the period of **2 to 4 weeks without taking ENDOXAN.**

REMARKS :