

COTELLIC® cobimetinib

PRESCRIPTION and DISPENSING

This drug is prescribed and renewed by your **hospital doctor specialized in medical oncology or in cancerology**.



It is available in **city pharmacies**.



Do not throw away the opened boxes nor the remaining tablets into your trash. Please bring them back to your pharmacist.

Your pharmacist can help you in taking your treatment. Please bring him back your unused boxes and tablets at the next renewal.

PRESENTATIONS AND STORAGE



One presentation is available in the form of boxes of 63 tablets in thermally moulded packages of 21 tablets :

- Dosed at 20 mg (5 400 € HT)



Store this drug at a **temperature below 25°C**.
Keep it out of sight and reach of children.

INSTRUCTIONS FOR USE

The dose is strictly personal and may be changed during treatment by your specialist doctor. The usual dose is : **60mg/day** (that is 3 tablets) for 21 days, followed by a period of **7 days without treatment**.

The **proper monitoring of the instructions for use is necessary for the efficiency of your treatment**.



COTELLIC tablets are to be swallowed whole, with a **full glass of water in one take per day, during or away from a meal.** Try to take them every day at the same hour.



Do not crush, nor cut or crunch the tablets.



In the case of a non-continuous take, you can help yourself with a calendar :

From 1st to 21st day : take tablets

Then from 22nd to 28th day : do not take COTELLIC tablets.

Then start again like the first day.



Grapefruit (juice , pulp) should be avoided during your treatment with COTELLIC.

MEDICINAL INTERACTIONS



This drug can interact with other medicines, plants or herbal teas.

For example, avoid taking **St John's Wort** (*Hypericum perforatum*) in all its forms (capsule, resin, herbal teas, drops.....)



Do not hesitate to tell your doctor what medicines, plants or herbal teas (with or without prescription) you are taking or wish to take.


If in doubt, ask your pharmacist for advice.

Do not worry at reading these effects, you may not experience any.

SIDE EFFECTS	PREVENTION	BEHAVIOUR
Diarrheas	If this a frequent effect : avoid coffee, frozen drinks, milk, raw fruit and vegetables, cereals, wholemeal bread and alcohol.	Follow the medical prescription for diarrhea. Drink 2 litres/day if possible (water, tea, herbal teas, soup, sodas) and favor starchy food (rice, pasta), cooked carrots and bananas. Tell your doctor at the first persisting signs (

SIDE EFFECTS	PREVENTION	BEHAVIOUR
Skin eruptions	Favor a mild soap, without alcohol and a moisturizing cream. Avoid exposure to the sun.	Inform your doctor, some medical treatments may relieve you.
Nauseas and vomitings	Eat slowly and make several small light meals. Avoid greasy, fried and spicy food. Rather drink between meals.	Take the prescribed nausea and vomiting medication in accordance with the doses. Tell your doctor at the first persisting signs (more than 2 vomits a day).
Change in the liver function		Your doctor will regularly control, through blood analyses, the level of some of the liver's enzymes in order to check if the liver functions properly.
Shortness of breath, confusion, dizziness		Call your doctor as soon as these signs occur. Be prudent if you have to drive machines or vehicles.
Swelling of the limbs.	Raise your feet when sitting Tight clothes are not advised. See that you eat low-salted food.	Check your weight regularly. In case of a rapid and unexpected increase of weight, contact your doctor.
Headaches, palpitations, ear buzzing	Measure your blood pressure regularly. Take some exercise, check your weight. Limit your consumption of salt and alcohol.	Contact your doctor if these signs occur. You will be prescribed an anti-hypertensive treatment if necessary.
Trouble of sight		Contact your doctor.
Muscular pains		Contact your doctor.

Shivers, fever, bleedings and biological changes (increase of the blood rate of some enzymes) may occur during treatment. Do not hesitate to tell your doctor about it. Résumé caractéristiques Produit du 07 06 2016. Lettre Agence du médicament d'avril 2017.

 **Should you feel unmentioned effects, do not hesitate to tell your prescriber, doctor or pharmacist.**

A FEW ADVICE

Promptly contact your doctor in case of :



- Heart trouble : problèmes cardiaques : shortness of breath, dizziness, fatigue, quickening of heart beats, and swelling of legs.
- Sight trouble : blurred vision, distorted vision, visual deficiency.
- Bleeding



Never stop treatment nor change the rhythm of administration of the treatment without the advice of the prescribing doctor.



If you miss a take in less than 12 hours, take the dose.

If you miss a take in more than 12 hours, do not take the missed dose. The next dose will be taken at the usual hour, the following day. Please note it in your tracking book.



Avoid prolonged exposure in the sun and protect yourself if you have to do it.



This drug contains lactose. In case of intolerance (flatulence, abdominal cramps or pains, diarrhea or constipation, trouble of concentration) contact your doctor.



It is advised against taking COTELLIC during pregnancy and feeding.

REMARKS :